

Friends of the Truro Council On Aging
PO Box 1011 -- Truro, MA 02666

March 2015

Dear Friends,

For many, this winter was the worst in memory. Freezing temperatures, 50 mph winds and blizzard-level snowfall combined to bring activity on the Outer Cape to a halt. For the elderly, the harsh winter weather forced them to be homebound for days or weeks at a time.

During these times the elderly on the Outer Cape rely even more upon the Council On Aging (COA) as their sole means of transportation for shopping or medical appointments, as well as social interaction through the many programs provided by the COA.

The Council On Aging has been a leader in providing services and support to all residents of our community. Our group, the *Friends of the Truro Council on Aging*, exists for the purpose of providing financial support and assistance to the COA. Our particular focus is to assist the group by covering cost of programs not included in the Town of Truro Operating Budget.

During the past year that support has taken a variety of forms. The "Friends" have:

- introduced a *Safe Ride Home Program* for the elderly who are taken by ambulance to Cape Cod Hospital, only to be without a ride back home. We have coordinated with the Outer Cape's public safety and emergency medical services, and the Town Taxi service of Hyannis to provide transportation back to Truro with the cost being bourn by the Friends;
- sent flowers to mark the 90th birthday of any Truro resident;
- continued their program of sorting cans and plastic bottles at the Truro Transfer Station for the purpose of collecting the deposit on the items. During 2014 we raised over \$3,400....a nickel at a time; and
- supported the Tuesday COA Café luncheon that provided an inexpensive, but well balanced meal to seniors on the Outer Cape.

We are currently developing programs to:

- provide rubbish collection for those seniors unable to deliver their refuse or recyclables to the Transfer Station; and
- provide emergency snow removal for those seniors with urgent appointments.

The board wishes to thank you in advance for supporting the "Friends". Your generosity allows us to be responsive to the needs of the COA and the community it serves. Checks should be made payable to the FOTCOA, and remember, anyone of any age can be a member.

Sincerely,



Diane Rose, President

Friends of the Truro Council on Aging



FTCOA Dues 2015/16 Membership Year -- Membership Categories

___ Individual \$10.00 ___ Family \$15.00 ___ Business \$20.00
 ___ Sponsor \$25.00 ___ Patron \$50.00

Name: _____ please print clearly

Mailing Address _____ email: _____

City/Town _____ State _____ Zip _____